

Beauty & Wellness

To be booked directly with Christine Schultz, telephone number Tel. 0 65 67 / 96 61 95 or 0 65 71 / 26 54 22



Facials

Classic Facial ca. 75 min. **79,- euro's**
Cleansing, Peeling, correction of eyebrows, removal of skin impurities, facial and décolleté massage, facial mask

Luxury Facial ca. 75 min. **99,- euro's**
A special facial with the new Diamond Microdermabrasion and quality products

Ongkara – Balinese Facial ca. 75 min. **89,- euro's**
A traditional Balinese facial with various herbal peelings and a warm chocolate mask. The climax is a massage with crystals.

Power Facial ca. 80 min. **120,- euro's**
Microdermabrasion and Mesoporation are at the moment the most innovative and effective methods in anti-ageing.

Energy for Men ca. 60 min. **80,- euro's**
With use of High Tec equipment and products you will achieve the ideal fitness of your skin. An optimal cleansing and care for men, which will enchant both you and your partner.

Classic Massages

Classic Back Massage ca. 25 min. **35,- euro's**

Part Body Massage ca. 35 min. **49,- euro's**

Part Body Massage ca. 50 min. **69,- euro's**

Aromatic Oil Massage ca. 50 min. **79,- euro's**

Hot Chocolate Massage ca. 45 min. **65,- euro's**
Let yourself be tempted...The very best from precious cocoa beans combined with exclusive Sheabutter will conjure up a velvety feel to your skin. This treatment is very beneficial for your skin.

Lotus-Crystal-Massage ca. 70 min. **98,- euro's**
With a traditional lotus-crystal-massage with special precious stones your energy flow will be got going again from top to toe. A wonderful massage with warm lotus oil and the special balinese massage technique will top this treatment.

Hot Stone Back Massage ca. 25 min. **39,- euro's**
A very special massage technique with hot stones and valuable aromatic oils will give you a wonderful feeling.

Hot Stone Part Body Massage ca. 45 min. **60,- euro's**

Hot Stone Total Body Massage ca. 90 min. **110,- euro's**

Medical Wellness – Hydro Therapy **28,- euro's**
This is a massage in a fully automated underwater massage bathtub.

Body Scrubs or Masks ca. 25 min. **39,- euro's**
Tanamera is Malay and combines traditional asian herbal recipes and modern production methods. Choose your own scrub or mask, depending on your skin type, from our large Spa Vivent selection, for instance Himalayan Salt Scrub, Brown Sugar, Coconut, Chocolate mask, Banana mask, and much more.

Silk Hands or Feet ca. 40 min. **55,- euro's**
A feel well programme with the special ingredients of the coconut. A bath with scrub, massage and mask will leave you feeling spoiled.

Tropical Beauty Ritual ca. 90 min. **129,- euro's**
Start off with a warm coconut milk footbath, follow with a relaxing total body massage with cold pressed coconut oil and finish it off with a ritual coconut scrub and a mask.

Accompany us in the World of Wellness

Our first port of call is in our own beloved country. After 73 km we arrive in Bingen. Hildegard von Bingen already knew about the balancing effect of minerals.

Massage with hot or cold precious stones ca. 75 min. **98,- euro's**
Hildegard von Bingen taught us already the working of precious stones. Experience for yourself how a massage with precious stones will balance you.

Pantai Herbal Body ca. 55 min. **98,- euro's**
Different local herbs and precious oils work together to stimulate and care for your skin. Enjoy the steaming herbal stamps on your skin.

Our next destination takes us to Istanbul, 1912 km further on, with its sense of beauty.

THE ORIENT

Let yourself be transported into the world of 1000 and one nights and enjoy a special oriental cleansing ritual.

Rasul **30,- euro's**
The age old knowledge of the Orient with regard to health- and skincare is incorporated in Rasul. In this Steambath, which is especially sympathetic to your circulation, natural healing soil is used to detoxify the skin.

Far East Encounters ca. 45 min. **59,- euro's**
Rasul Steam Bath, Silk Gloves Scrub, with water pourings on the warm Hamam Stone and foam soap wash.

Magic of the Orient ca. 80 min. **110,- euro's**
Like Far East Encounters, in addition to a wash and massage with soapfoam, on the warm Hamam Stone.

Grand Vesier ca. 2 hrs. **155,- euro's**
Like Magic of the Orient, in addition to a part body massage.

INDIA

From the Orient our journey continues along 5775 km to Kochi, India. Here you will experience pure joy with our Ayurveda treatments.

Abhyanga – Ayurveda Total Body Massage ca. 75 min. **110,- euro's**
Submerge into the ayurvedic complete body massage. Everyday life disappears and in the newfound peace you will find the opportunity to make contact with yourself.

It is the contact with the inner self which makes this massage to a very special event. You will be more aware of your body and will feel rejuvenated both inside and out, more mobile and happier.

A Udvarthana, a Sandalwoodpeeling can be added to this treatment if desired.

Altogether **120,- euro's**

Shirodhara – Oil Flow Treatment on the Third Eye ca. 60 min. **89,- euro's**
Beginning with a head-, shoulder- and neck massage, valuable oils will be poured in a slow flow on the third eye, with a ritual finish. This oil flow is a very special happening, releasing inner peace and harmony and eliminating stress and anxiety.

Upanahasveda – Ayurvedic Back Massage ca. 60 min. **79,- euro's**
Let strength flow again through your spine. After a surprising massage your back will be wrapped in warming herbal poultices.

Mukabhyanga – Ayurvedic Facial ca. 40 min. **69,- euro's**
Your face, as the mirror of your soul, will show you how you feel. Show your true face, it does not need to hide itself any longer. A special massage technique treating Breast, Décolleté, Face and Head, will set your spirit free and will enchant your face.

Time for myself - time for harmony



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Padabhanga -

Ayurvedic Foot Massage

ca. 25 min. **39,- euro's**

This Ayurvedic Foot massage is more than just a treatment of the reflex zones of the foot. This massage will bring you back to the here and now, so that you will again feel the ground under your feet.

Silk Gloves Massage

ca. 25 min. **39,- euro's**

This massage with gloves made from natural raw silk, acts as a complete- body massage. It cleanses, stimulates and rejuvenates.

Abhy-Dhara

ca. 2 hrs. **159,- euro's**

A Ayurvedic total body massage followed by a royal oil flow treatment on the third eye. This extraordinary treatment will be concluded with a soft foot massage.

TIBET

From the south of India we shall take a short-cut to mysterious Tibet. After another 2685 km we reach Lhasa. There await us wonderful body treatments.

Massage with Bowls

ca. 30 min. **45,- euro's**

The combination of the wonderful sounds of the bowls massages your soul and will bring you inner peace.

Tibetan Massages with Salt Stamps

Revitalising, cramp dissolving, energising and restoring the lymphatic flow.

Tibetan Back Massage

ca. 25 min. **39,- euro's**

Tibetan Total Body Massage

ca. 50 min. **79,- euro's**

Tibetan Intensive Massage

ca. 75 min. **98,- euro's**

Chakra-Balance-Massage

ca. 90 min. **120,- euro's**

This is a treatment which regenerates your energy system. Using Aura-Soma-Colour Oils, Potpourri, Precious Stones and Reiki, your body will be brought into balance with your soul and your spirit.

PHILLIPPINES

We leave Lhasa and arrive in Manila after 3487 km. A little taste of the South Sea.

Mussel Massage

ca. 55 min. **98,- euro's**

The warmth of the mussels loosen tensions, quietens your spirit. Treat yourself to this experience.

THE ISLAND BALI

Invigorated we travel a further 2600 km, on to our last dream destination - Bali, the isle of the gods.

This island, with its gorgeous nature, overpowers our senses. The friendliness of joy of its people give us a feeling of relaxation and security.

Head, Neck and Shoulders Massage

25 min. **39,- euro's**

A massage that mobilizes and relaxes one.

Foot Massage

25 min. **39,- euro's**

Elements of the Ayurveda, Shiatsu and Reflexology combine in the energizing treatment.

Balinese Body Wrappings

Lulur

30 min. **40,- euro's**

This wrap consists of cooling herbs and spices, which act like a scrub and smooths, mineralizes and feeds the skin.

Boreh

40 min. **49,- euro's**

This wrap consists of 12 herbs and spices, which warm the body and is nature's medicine for all cold-induced illnesses on Bali.

Balinese Body Massage

80 min. **120,- euro's**

With this treatment we spoil your body from top to toe with balinese beauty rituals. These originate from India, Thailand, Indonesia and China.

Balinese Tempel Magic

160 min. **200,- euro's**

All Balinese beauty rituals come together with this treatment. After a gentle foot-path you will enjoy a Balinese body massage followed by a revitalizing body wrap (Lulur or Boreh). Then you will crown it with a relaxing deluxe bath.

It will not be necessary for you to undergo all these exhausting and troublesome facets of a journey of 14.582 km. We offer you the fascinating world of wellness here with us!

Special Partner Programmes

Being treated together has a special flair.

Prepare yourselves for sensuality!

Dreambath

ca. 60 min per person incl. a drink **39,- euro's**

Relax together with your partner in our Dreambath, drinking a glass of Sekt.

A romantic hour for two.

Dreamtime for two

per person **109,- euro's**

Detoxing in the Rasul, relaxing in the Dreambath with scented essences of Lotus and a glass of Sekt. Have a rest together on the Cuddling Bed and enjoy a joined part- body massage afterwards.

Balinese Tempel Magic

3 hrs. per person **200,- euro's**

See the Bali program

Candle-light Massage

45 min. per person **65,- euro's**

A romantic massage with wonderful aroma's by candle-light

Beauty Programme

Vulcanic Beauty Days (3 days)

275,- euro's

Rasul, Hydrojet followed by a precious stone foot massage, hot stone complete-body treatment and facial.

Beauty Weekend

150,- euro's

Rasul, hot stone back massage, facial and hand massage

Gent's Day „Adonis“

120,- euro's

Rasul, Pantai Herbal total body treatment

Chocolate Day

155,- euro's

Coffee peeling, hot chocolate total body massage, facial with chocolate-oranges-mask

Consultations

Aura-Soma Reading

bis 60 min. **75,- euro's**

This is a consultation using colour therapy. From an assortment of various, mostly two-coloured bottles, you choose the four bottles that appeal to you the most. This choice represents the mirror of your soul. With the help of the language of colour the consultant will explain the meaning of the chosen bottles with regard to your personality. The consultant will explain also the gifts and potential Life has given you. You recognise the obstructions and blockades that accompany you, experience the "Now" situation and the possibilities of opening out your personality. Aura-Soma is a therapy for your soul chosen by yourself. Surprise yourself!



Attention, please!

Our Wellness department is much loved and regularly booked full. When reserving your room, please let us know your wishes as regards to treatments and times so that we can accommodate them.

Treatments on Sunday possible when reserved on time!

Cancellation on treatment day will be charged at 50%.

No show without cancellation will be charged at the full price.

